# **Lab - The Sprint Retrospective**

In your groups perform a Sprint Retrospective and be ready to report back on things that went well and any improvements that you would make for the next sprint.

The sprint retrospective meeting is an opportunity for the scrum team to inspect itself and create a plan for improvements to be made during the next sprint.

The goal of the retrospective is to:

* Inspect how the last sprint went with regards to people, relationships, process, and tools
* Identify what went well and potential improvements that could be made
* Create a plan for implementing improvements to the way the scrum team works

**A few points to remember:**

* Always be positive and create an open atmosphere during the retrospective.
* The goal is not to assign blame but to collectively enhance your team's performance.
* Ensure that action items (the outcomes) are **SMART**:
* **Specific:**   
  Clearly defined and focused and unambiguous.
* **Measurable:**   
  Quantify progress toward the goal. Be clear of how the goal can be achieved.
* **Achievable:**   
  The goal should be realistic and attainable. It can be challenging but within reach.
* **Relevant:**   
  The goal should be aligned with the objectives and relevant to the project.   
  It should matter and make a positive difference.
* **Time-Bound:** There should be a defined timeframe or deadline for achieving the goal.